

# Managing Stress:

*The reality for small businesses*

**FREE** Business Breakfast,  
Broadway House, London, SW1H 9NQ  
Tuesday 2nd March, 8am - 10am

**S**tress costs **money**, yet too few employers recognise when and how stress is impacting on their business. Did you know that you could be paying over the odds for **insurance**, losing money through reduced **productivity** and sickness **absence**, or jeopardising relationships with key customers and losing out on **investment**?

Managing stress at work is business-critical and this business breakfast aims to provide you with the information you need to **prevent**, **intervene** and **address** these pressing issues.

To book your free place go to:  
<http://workingforwellness.eventbrite.com/>

For further information about Working for Wellness, London services, and stress in and outside of the workplace, go to  
[www.workingforwellness.org.uk](http://www.workingforwellness.org.uk)

For more information about this event contact: Louise Innes, 0208 433 6874

